

New Earth College
Diploma of Natural Medicine
DNM® Training



NEW EARTH COLLEGE

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The New Earth College

The New Earth College has been established since 1996 and offers programs in integrated natural medicine. Successful graduates are presently working in private practice or in conjunction with other integrated health care professionals.

Mission Statement and Purpose

NEC is an Academic Teaching Institution with an Internship Clinic. It is dedicated to providing the highest standard of education and training programs through professional instruction and is determined to prepare students of diverse age groups, interests, and cultural backgrounds to become competent Natural Medicine Practitioners.

All instruction and training is designed to accommodate small teacher-student ratio with a class size maximum of 12 which

1. Provides comprehensive study programs so as to engage the student in well-designed, efficient and productive study in their selected field.
2. Assist students to achieve their educational goals by providing ongoing tutor support and guidance with the goal of developing the students' potential and abilities to become accomplished practitioners in their chosen field of study.
3. Provide distance and practical* learning programs in the field of Natural Medicine worldwide.
4. Provide study programs and services that reflect the policy of recognized Natural Medicine Registration Associations and the WHO Standards Alma Ata 1962.
5. Provide a teaching institute* for student internships.

Academic Standards and Policies

The New Earth College has a commitment to maintaining a high standard of professional development. To achieve this, for most courses, students are tested by oral, practical and written examination. Student progress is also evaluated by their attendance, professional conduct, clinical performance, and active input and contribution to the program.

Administration of the New Earth College and the Institute of Natural Medicine

The Teaching Clinic of the New Earth College – The Institute of Natural Medicine, is under the direct supervision of the New Earth College.

The board of directors of the New Earth College consists of:

- President of the College,
- Head of Supervising Staff of the Teaching Clinic,
- Registrar and Admissions Officer.

Together they revise and update policies, regulations, and training materials according to the charter and in the best interest of the Student Intern Practitioners, the patients and the New Earth College.

Hiring Practices of the New Earth College

All teachers of the New Earth College hold B.Sc. M. Sc. or degree in Medicine.

Teachers are contracted according to Human Resources and Skills Development Canada stipulations, and are hired for a two year term, which is subject to the teacher's performance and student averages.

Faculty Biographies

June A. Kelly MBBS, DO, NMD, PhD.

Senior Professor and Chairperson

June A. Kelly was born in Trinidad, West Indies. She immigrated to Canada where she graduated from The Commonwealth University of Health Sciences and Toronto Institute of Traditional Chinese Medicine and Acupuncture in 1999.

Dr. Kelly is a member of many National and International health organizations. She holds medical degrees in Acupuncture, Osteopathy and Alternative Medicine (Open International University) as well as a Doctor of Philosophy in Naturopathic Medicine. June Ann culminates her work at Health Recovery Professionals, her teaching clinic in Toronto, Canada.

In 1998, she co-founded the Examining Board of Natural Medicine Practitioners Canada and is the founder and Chairperson of The New Earth College, as well as a visiting professor of The Sichuan Provincial Academy of TCM – Institute of Acupuncture (China).

Dr. Kelly helped to develop the Myomeridian Methodology of Trigenics, and is an advisor on the educational standards of Ayurveda and Neurotherapy in North America. She holds Board licensing from The American Naturopathic Association and the Indian Board of Alternative Medicine.

Rivkah Roth DNM, D.Ac., D.TCM

Senior Professor and Course Designer

Rivkah Roth, Osteopath, Acupuncturist, and Homeopath, was born and educated in Switzerland. She has been a student of Natural Health in Europe and North-America since the early nineteen-seventies.

Rivkah Roth has a strong background in manual/energy based techniques and Traditional Chinese Medicine as well as in Homeopathic approaches and Botanical Medicine. Rivkah has developed and founded the Equi-PRO Technique and Centre for Prevention, Rehabilitation and Optimization, where she maintains a private practice.

Sergey Mironyuk MD, DC DO (Europe)

Senior Professor, Osteopathy Techniques

Sergey Mironyuk obtained his medical doctorate diploma at State University Medical Department in Chernivtsy, Ukraine in 1983. He has received a certificate in acupuncture and reflexology in 1992 and went on further to become a certified acupuncture practitioner at the Academy of Alternative Medicine in Toronto, Canada. Sergey is also a member of the Canadian Society of Chinese Medicine and Acupuncture, and maintains a private osteopathy and acupuncture clinic.

Yongcheng Liu MD (China) DTCM, D.Ac

Professor, Traditional Chinese Medicine & Acupuncture

Bob Liu served 12 years as a clinical physician in Harbin Hospital in Northeast China. He obtained his masters in Medicine at the National Research Institute of Sports medicine, Beijing, where he served as Deputy Director. Dr. Liu was assigned as a team physician for some of China's top Olympic athletes, where he used both Western and Traditional Chinese medicine, including Chinese body manipulation, tuina and acupuncture.

Lileana Mitrea MD (Europe), ND

Professor, Nutritional and Botanical Medicine

Lileana Mitrea Graduated in 1986 from The University of Medicine, Iassy, Romania, and practiced Family Medicine for 7 years. In 2002, she graduated from The Canadian College of Naturopathic Medicine.

Courses Offered at Present

Diploma of Natural Medicine Training Program

The Diploma of Natural Medicine Program is designed to be comparable to any other natural medicine college program. Students may be confident of receiving excellent course content and instruction. The 4500 hour Diploma of Natural Medicine Program is unique in Canada. It is formulated to meet the high standards of practice and ethics of recognized Natural Medicine Registration Associations.

In order to fulfill their requirements the students can choose from the following:

Diploma Programs (1 Compulsory & 2 Electives + Clinical Internship):

Compulsory

Diploma of Traditional Acupuncture (2000 hrs)*

Diploma of Homeopathic and Antihomotoxic Medicine (2000 hrs)**

Elective

Diploma of Nutritional Medicine (1000 hrs)**

Diploma of Botanical Medicine (1000 hrs)**

Diploma of Manual Medicine* (1000 hrs)

*Clinical Internship (500 hours)

Upon successful completion, graduates may apply for registration with recognized Boards of Natural Medicine.

* Practical programs such as acupuncture and manual medicine are carried out at Health Recovery Professionals[®].

** Homeopathy, Homotoxicology, Nutrition and Botanical medicine may be carried out as distance learning.

Diploma of Natural Medicine Training Program

The basic premise of Natural Medicine is that ill health is fundamentally a functional imbalance, or disequilibrium within the body. Disease symptoms are produced by the body's attempt to re-establish homeostatic balance. Natural Medicine Practitioners are Health Care Professionals who are trained in the combined use of safe, gentle, non-invasive therapies such as Nutritional Medicine, Herbal Medicine, Eastern Medicine, Homeopathic Medicine and Manual Medicine. These medicines and therapies are aimed at enhancing the body's innate healing ability to regain and maintain optimum health.

Numerous health care systems belong under the heading of Natural Medicine simply because they share a common treatment protocol: they do not make use of synthetic chemical remedies or invasive techniques. The names of these various natural medicines are both familiar and unfamiliar to the public at large. Natural Medicine is categorized into four broad areas:

1. **Manual Medicine** – all therapies that involve soft tissue and joint manipulation
2. **Nutritional and Botanical Medicine** – all food, herbs or supplements to bring about biochemical balance
3. **Eastern Medicine** – all aspects of Traditional Chinese Medicine including Acupuncture, Herbal Medicines and Ayurveda
4. **Homeopathic Medicine** – the use of Homeopathy, both modern and traditional, including Homotoxicology and Antihomotoxic Therapies

Within the last two decades, there has been a resurgence of interest in Natural Medicine with phenomenal growth – more than any other field of Health Care. The reason for this growth is that the public, at large, amidst all the confusion about high-tech medicine and chemical health care, quest for a life that has a rapport with the laws of nature. Individuals and groups who have managed to salvage and resurrect a body of traditional healing techniques, which we call Natural Medicine once again are held in high esteem.

A DNM is a highly accredited practitioner who has completed at least 4500 hrs of study in Natural Medicine with combined knowledge of Eastern and Western Medicine and Therapies, with an in-depth knowledge of treating individuals by utilizing Manual therapy, Nutrition and Botanical Medicine, Acupuncture and Chinese Medicine, Homeopathic Medicine, Ayurveda, and Naturopathy.

The **Component Courses** discussed in detail on the following pages comprise the Diploma of Natural Medicine.

Pre requisite requirements: Bachelors in paramedical or related sciences.

DNM[®] Total Hrs - 4500

Compulsory Courses (1)

Traditional Acupuncture

An acupuncture treatment consists of inserting fine needles into the skin at specified points, selected in accordance with the patients' disease and constitution. The Acupoints are carefully chosen according to the Laws of Chinese Medicine, feeling the pulse, looking at the patient's tongue and taking a detailed case history. This is known as writing an Acupuncture Prescription.

This course offers comprehensive training in Acupuncture recommended by the **World Health Organization** guidelines on training and safety in Acupuncture.

The course curriculum includes: Basic to Advanced Theory of Traditional Chinese Medicine, Diagnostics of T.C.M., Acupuncture Foundations, Meridian System, Intro to Clinical Treatment, Medical Acupuncture, Lectures - Structure of Channels, Advanced System of Channels, Acupuncture Internship, Therapeutics, Diseases, Disorders, Related Topics, Patient Case History, Adjunct Therapies, Manual Therapy, Chinese Herbs, Human Anatomy and Physiology are pre-requisites as per transcripts.

Certification in *Aseptic Procedures and Clean Needle Technique* after passing the relevant examination are a prerequisite for graduation.

Diploma granted: D. Ac. Diplomat of Acupuncture 2000 hours

Doctorate of Acupuncture 2500 hours post graduate designation in Acupuncture accredited by **World Health Organization**. **NEC graduates are eligible for this professional designation from an external organization OIUCM** - Medicina Alternativa (Alma Ata 1962) upon completion of examinations from a regulating body within Canada.

OR

Homeopathy and Anti-Homotoxic Medicine

Homeopathy is an effective and scientific system of medicine that assists the body to heal itself. Homeopathy assesses the whole person, and focuses on disease prevention and health enhancement using natural medicines and patient education. It is particularly effective in the treatment of long-term chronic diseases, as well as prevention of acute conditions.

The course curriculum includes Basic to Advanced Homeopathy, Schuessler Salts, Biological Response Modification, Antihomotoxic Medicine, Therapeutics, Materia Medica, Pharmacology, Disease and Illness, Food and Vitamins, Emergencies, Examination of the Body. Clinical Protocols: Rheumatic Illness and Pain, Dermatology, Headaches, Geriatric Disorders, Women's Disorders, Pediatric Illnesses, Ear, Nose and Throat Disorders, Gastrointestinal and Hepatic Disorders, Psychological Disorders, Viral Diseases and Degenerative Diseases, Mental Disorders, Therapeutics of Important Remedies, Veterinary Homeopathy & Naturopathy, Tautopathy.

Diploma granted: Diploma of Homeopathic Medicine 2000 hrs.

Elective Courses (2)

Botanical Medicine

Herbalism is based on the relationship between plants and people and the Earth. Herbalism encourages and assists people to understand this relationship and promotes education and self-care rather than treatment and dependence. Derived from plants or plant parts, phytomedicines are not isolated chemicals but preparations from an entire plant or from its root, leaf, flower or fruit. Herbalism embraces the use of plants to provide botanical remedies for health. The emphasis is usually on building health and restoring balance rather than fighting disease. This program teaches the skills necessary to diagnose symptoms and signs and prescribe a herbal prescription, make and use herbal remedies at home, or set up a practice in herbalism.

The course curriculum includes Bach Flower Remedies, Clinical Herbalism, European Medicinal Herbs, Chinese Herbal Medicine and Health Care, 38 healing herbs, Remedies for babies, children, adolescents, young adults, middle age and the elderly, Herbal first aid, Nutritional Protocols, Anatomy and Physiology.

Diploma granted: Diploma of Botanical Medicine 1000 hrs.

Nutritional Medicine

This is a comprehensive training program in Nutrition combining Clinical and Traditional principles. The student learns how to analyze symptoms of nutritional imbalances and how to develop individual nutritional programs and protocols for clients based on their unique requirements. The student learns to write a healing prescription by combining everyday foods to cure ailments.

The course curriculum includes Food Intolerance, Gland Type Diet, Taoist Science Diet, Vitamins and Minerals, Nutritional Deficiency Symptoms, Schüssler Salts, Client Assessment, Case Histories, Basic Homeopathy, Business Ethics, Nutritional Protocols.

Diploma granted: Diploma of Nutritional Medicine 1000 hrs.

Manual Medicine

Bio-Kinetic Medicine is a therapy of relaxing muscle spasm, improving circulation and alleviating pain. To defuse "trigger points," pressure is applied to the muscle for several seconds by means of fingers, knuckles and elbows. The success of this method depends on the use of specific corrective exercise for the freed muscles.

The course curriculum includes Shiatsu/Acupressure, Swedish/Sports Massage, Tu-ina Massage, Neuromuscular Therapy, Trigger Point Therapy. (*Credits are given for each segment and subjects may be done individually.*)

Diploma granted: Diploma of Manual Medicine 1000 hrs.

Clinical Internship

To graduate from this Natural Medicine Training Program an Internship Training Program is necessary. The student needs to achieve a passing grade in all courses as well as to successfully participate in a clinical internship at New Earth College Teaching Clinic located in Toronto, Edmonton, or P.E.I., under the supervision of a registered instructor of Natural Medicine. In addition to the 6 months internship, students must document and present 200 case histories.

Internship Hours: 300 hours

Case History Hours: 200 hours

Total Hours: 500 hours

Diploma granted: Diploma of Internship in Natural Medicine